

---

# *Lady Irish Basketball*

## John F. Kennedy High School

---

Head Coach – Nori Nishida  
(714) 253-2745

8281 Walker St. La Palma, Ca.90623  
(714) 220-4107

### 2019 Summer Schedule – Varsity

The summer program will consist of practice, individual work, and games. **The first days of practice are 5/28, 5/29, 5/30, 5/31 5:00 pm to 6:30 pm.** Individual and group instruction will be provided on practice days.

#### **Practice and game schedule**

Practice - June 3 through June 13 Mondays thru Thursday from **5:00pm to 6:30 pm.**

Practice – June 18 through July 11 Tuesday/Thursday from 5:00 to 6:30

Games – June 17 through July 17 Monday/Wednesday TBD see below

We will be playing in the Cerritos/Ghar High School Summer League on Mondays and Wednesdays – game times TBD 4:00 pm, 5 pm, 6 pm, 7 pm, 8 pm, or 9 pm.

#### Tournaments:

Best in the West Tournament June 21-23

North Torrance Tournament July 11-14

**NOTE:** All of our summer practices and games are required. You are expected to be at practice 15 minutes before and 30 minutes before scheduled games. If for some reason you absolutely have to miss a practice or game, your coach must be informed prior to your absence or a message must be left on my email [nnishida@sbcglobal.net](mailto:nnishida@sbcglobal.net).

The **fee for our summer** basketball camp is **\$100**. New **practice gear** could be purchased for **\$50**. Please make checks payable to **“Kennedy Girls Basketball.”**

#### Important Things to Know:

1. After June 13th practices are Tuesdays and Thursdays. Monday and Wednesdays are game days.
2. **First day of practice** is Tuesday 5/28 at 5 pm.
3. Please complete Athletic Eligibility forms:
  - a. In order to participate in our summer program, please go to <http://kennedy.auhsd.us/>, click on the athletics tab, click on eligibility documents and complete the Clearance Form 2019/20.
  - b. Physicals must be done by a D.O. or M.D. not an RN
  - c. **Physical for summer 2019 is to be taken after the 23<sup>th</sup> of May so that it could be valid for the entire 2019-2020 school year.** The physical must be completed on the AUHSD Pre-Participation Physical Evaluation form.
4. Family vacations are OK just let your coach know.
5. Coach's email is [nnishida@sbcglobal.net](mailto:nnishida@sbcglobal.net)
6. **Checks need to be made out to “Kennedy Girls Basketball”. Summer fees are due ASAP in order to pay for our summer league.**

Respectfully,

Nori Nishida  
Head Coach